

COUNSELOR'S CORNER

J. Harvey Rodgers School

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Virtue of the Month - Humility

This month, we are learning about humility. Humility is being confident without thinking you are better than someone else. Our classroom lesson will feature the text, *The Big Cheese* by Jory John and Pete Oswald.

The Big Cheese is a wheel of cheddar who is used to winning. He's won the local Cheese-cathlon six years in a row! He is always the center of attention and strives to be the best at everything he does. The Big Cheese doesn't seem to care about anyone but himself (and winning). However, he learns a powerful lesson about humility when another cheese, Wedge Wedgeman, defeats him in every leg of the Cheese-cathlon. The Big Cheese realizes he was so focused on winning, that he was missing out on the fun in participating. He decides to focus on having fun and tries not to worry too much when he doesn't win. The Big Cheese even shares the spotlight with his friends and brags about everyone instead of just himself!

Through the text and follow-up discussion, students will understand that we all have unique qualities and talents that contribute to our community. But being the best at everything is not what's most important. Friendships can flourish when we share our unique qualities and talents with others.

March Guidance Lessons:

Humility

